

Col. P. P. Pitchlynn

Dr. Sir.

On my arrival at your place on Friday, I found Judy sitting up, & every way better than I expected to. The midwife was mistaken about the waters breaking twice - I directed Judy to remain perfectly quiet - in a lying posture - not to sit up any for a week - lest the engorged state of the uterus should produce prolapsus - to eat no animal food of any kind for a week and to have her genital organs bathed twice daily with tepid water - I also prescribed for Lucy the child Fanny - & Lucy Ann + Minnie -

I send herewith two pitch plasters for Lucy - One to be applied directly over the stomach, & the other along the back bone between the shoulders - First wash off the skin & wipe it entirely dry: Then hold the plaster over glowing coals until quite soft, & quickly apply - pressing closely with the hands. If they do not stick well at first apply heat to them by means of a hot rock rolled in a towel - It should near them as long as they will stick - She should bathe her feet neck & arms in cold water every morning on rising - And take out <sup>of</sup> the pills out of the box with her name on the bottom - one <sup>or every other night</sup> out at bed time <sup>or at bed time</sup> before dinner every day - and when they are all gone - commence using the Nitro-muriatic acid, ten drops in a <sup>nearly</sup> full glass of water 1/2 hour before each meal - Fanny should commence powder

times daily -

Lucy Ann should take one pill out of the wooden box with her name on the bottom - every night at bed time - some out of the paper box <sup>only</sup> shown before dinner every day. Squeeze her body night & morning with the acid in the bottle. First wet the sponge in water & squeeze all of the water out. Then saturate the sponge by turning the open mouth <sup>of the bottle</sup> on it - scrub the arms & all the body for 5 minutes. Rub with the hand until dry being careful not to get any of the acid on the clothing, as it will rot them - after using the sponge always wash it out in clean water. After the first or second time it should produce a stinging sensation in the skin - she would do well to wash off her skin well with soap suds warm before using the acid. When she gets through with the pills, I will want her to commence using the acid internally too -

Now servants' houses are all to close for health col. - I would earnestly recommend you to have a course of boards put around each house just below the eaves of the building, & open at least the two uppermost cracks between the logs all around, by knocking out the chink.

The dirt floors are unwholesome also - and as there is likely to be much sickness, I would advise the emptying - washing & refilling of all their beds - with fresh dry materials - and complete washing & drying of all bed clothes & clothing.

Ramsey is up, but poorly - Mrs. R. has  
been quite sick, since an hour after I  
got home from your house

I recd. last week a letter from Rev.  
A. L. Potts, expressing a cordial interest in  
the proposed tract movement, and fears  
of not being able to attend the meeting  
of Aug. 3<sup>d</sup> - Will write him again -

Very truly  
Yours

Wm. H.  
Charles Fishback

