catch colds they make this tea and a lot of them take it by the teaspoon full just like you would cough syrup, I suppose. And they say that it is real good. It helps them a great deal and keeps them from getting real bad sick. And it sures their colds. And I have had a brother that had diabetes and he said that everytime he went to a Peyote meeting and took Peyote that it would bring his sugar down to normal. And he really did believe in that, I know, and he always, when he couldn't attend a meeting, why he would make tea and take it at home. And he always checked with a doctor and his sugar would be down to normal, so it -- he said it was good for diabetics. So that's, there's a lot of people that use this Peyote. Today they use it. And I have used it be--when I was a child which was a few--several years ago. I had this strep throat--streptacochi of the throat. Back in those days they didn't have all these antibiotics. I hemoraged with that from by throat. I think it was a vein that burst. But it was due to this strep throat. And I -- I remember my father giving me a lot of this Peyote tea and he prayed for me and he fanned me off. And I recovered from that fairly easy. And now that I know what it is, it's very bad to have strep throat. So I know that through a lot of f-well, my own experience, my family and different friends and different people that I know, Peyote people that believe in this sacrament and use it, they say that it helps them. And I believe it does. And they have to have an awful lot of faith in this Peyote and our Indian ways. And even though there are a lot of people that don't believe it, /you have to live it--you have to see it, you have to use it and above al / you have to have faith in it, which I do. And I have seen what miracles it has done, which I call that. And I know and -- in this day and age its hard to believe with all the new scientific methods and everything--new techniques. It's hard to And we think that -- we know that is what has brought us believe in Peyote.