

did watch how she fixed it but that's the way--it taste like she just all mixed it up and eat it together. And she called it bean bread.

(There must be a lot of Indian dishes that they used a long time ago that people have forgotten about or they've lost the recipes for.)

Yes. Well I'll tell you something else we use to do, back then--

the white people are just scared to death of. If I go back there now

I think I'd pick out the same thing and eat it and it wouldn't hurt

me. And that was mushrooms. They were best tasting things that

I've ever eaten in my life. That's mushrooms. And people now will

tell you if you go pick a mushroom it'll kill you. There are mushrooms

that will kill you. But back in them hills there was mushrooms that

grewed on hickory trees, old hickory trees in the month of November

after a rain you go out there and you could see them mushrooms just

all stacked up on top of each other and they look like these mushrooms

that grow out on--you've seen them haven't you? In cow lots. But

their not. You have to get these off a tree. They just look like

a big old clean sow's ear. That's what it looks like. And they just

stack up on top of one another and you pick them off and split them

up and roll them in salt and pepper and sprinkle a little flour on

them and fry them and they are the best things you ever eat.

(What do they taste like?)

Well, I don't know what they taste like. I couldn't tell you.

They don't taste like okra. But their just really good. They're

good eating. And then another kind of mushroom they got there is

what grows on oak trees and it grewed in creek bottom. And it would

get big as--they call them Owl Head but they'd get that big and they

were ruffleley underside, it was real crinkly on the under side and