

NOTE: This tape is a three-inch reel tape (S-90) and recorded at 1-7/8 ips.

### FASTING TO OBTAIN SUPERNATURAL POWERS

(O.K. Now we can start in.)

I started to say, I didn't tell you how Indians secure these medicinal powers. I'll give that as the opening. I told you how the Devil's Lake powers were given to that Apache? Well, that's the way all medicinal powers from nature were received by these tribes. They say that they go out in some lonely place, like a mountain top, where there's no inhabitants been for years.

It's just wild. And they lay there and pray for four days without drinking any water or eating anything. And they just pray for some gift from some unknown mysterious power--some kind of god.

And they say after this four days, if he's going to receive a gift, he'll get it. If not, after four days they won't get it, they'll come back home. But most of the time some test comes to see if they--whether they are able to take the power. Like I said about those Indians laying around the lake. Some monster comes and scares them away till one had to be staked down and he couldn't get away. Then he received the power. Well, these powers, lots of times have to be tested to see whether they are real or not. And I'll give this as an illustration story. One Indian went to such a place, on a lonely spot, and he was laying there for three or four days. And he just think, "Surely something will have to come and test me out to see whether I can hold my ground or not." And the third day and night, he was laying there and he was exhausted and didn't have no water and no meals and he was all in. But he was trying to hold on for the fourth day and night. He was