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Informant: Mrs. Jensie Dick, Cherokee  
Interviewed by: J. W. Tyner, March 29, 1968  
Transcribed by: Nona M. Kerr

March 29, 1968. We are visiting with Jensie Dick, 80 year old Cherokee of Bitting Springs Community, Adair County, Oklahoma. Mrs. Dick recalls events of early day life and people. She also tells of visions and dreams, negro slaves, Ned Christy, and other historical facts. She begins this interview by telling of her grandmother, Sally Adair, who died at the age of 103.

#### LONGEVITY OF GRANDMOTHER

At 103. And you know she still had her teeth. And you know she could thread a needle without any glasses. And you know I never did know of her being sick, as long as I lived by her.

#### HOMEGROWN FOODS ARE GOOD FOR HEALTH

There was an Austrian-German visiting, well a German. You see my youngest boy married a German girl from Germany, Berlin, when he was in the service. And she's got a friend there, a woman doctor there in--Doctor Paden, and she married an Austrian-German. And they speak several languages. And we were talking, Christmas day. They had Christmas dinner with us. And he said, "How come you said people lived so long then?" I said, "They raised everything they eat. They didn't have no American sugar nor coffee and only kind of tobacco they had was just what they raised. And, I don't know, they just eat wild meat." And pork, I said, "People talk about, oh don't eat pork." And I know it don't agree with a lot of people. Now I can't eat it. And it makes gas on my stomach and doctor told me not to eat it. Well he