

charcoal on top of it. That's the way they bake their bread.  
(What kind of bread was it?)

Well, it's just like they put in the oven here--flour bread.  
But it's really good. It come out kind of fluffy and thick.  
(Is it yeast bread or more like biscuits?)

No, it's just ordinary--like fry bread. You know how that fry  
bread's made. Well, it's made the same way, but it's dry. Lot  
of times I just wonder how come it don't stick. It don't stick.  
And it don't burn, either. Of course I guess they just know  
how to bake that bread. Bring it out where it's just white,  
And it's cooked. It's done. Boy, I tell you, that's really  
good. I think somebody could--take some of these older Kiowa  
ladies--they might still know. You take these young womans now,  
I don't think they can do that. Them days they used to be lot  
of wild berries, you know. Like these skunkberries and choke  
plums and grapes. Boy, I tell you, they was plentiful. During  
the winter time my grandma--we had several grandmas--relatives.  
They go out in certain seasons and gather these berries. Kind  
of mash them up. Put a little flour--either plums or grapes or  
some other wild fruit--they mash it up. They lay it out in the  
sun. Dry it. So it's like little patties, you know. They get  
good and dry and then they put that away. Say, about a month  
or two months, they bring them out. Cook it. Boy, I tell you,  
it's really nice. That's the way they used to do. And their  
meat, too. Slice that meat and then they dry it. Then when  
it gets good and dry they put it away. They bring it out and  
they pound it. Sometimes they put it in this dutch oven. Kind  
of cook it a little bit and then pound it. Boy--I'm getting  
hungry!

(Me too! You know--when you were camping over there at the Sun  
Dance, did sometimes they have stew and soup and that kind of  
stuff?)

Yeah. Course, the certain tribes there, they have their own  
menus. Different tribes. Apaches, Kiowas, and Comanches--  
they're pretty near all the same. But you take these Caddoes  
and Wichitas and Delawares and Cheyennes and Arapahoes and  
other tribes--they got their own menu. Corn and pumpkin and