

Oh, just use it like anything. You could just go ahead and-- Well, how I used mine, I just take little bit off, soak it in hot water, warm it. I just stir it 'round with my hand and rub it like this--make lot of suds. Just stick your head in there and--take all the dirt off. Gets the dandruff off. It sure is good--you didn't try any?)

(I tried it one time. It's been quite a while ago. Do you have to rinse it out, then? I mean, do you have to use some more water and rinse your head?)

Um-hum. Yeah, if you don't, it's gonna be sticky.

(Did you ever use it to wash anything else with?)

Um-hum. You could wash--if it's blanket, now--it's good for a blanket. I know my mother, she washed her blanket like that.

(What did they use to wash their babies? Or did they ever give babies baths back then--did they ever use the same thing?)

Huh-uh. No, they never did.

(End of Side A)

INDIAN TURNIP (Psoralea esculenta)

(What was it they used to get sometimes, they called Indian turnip?)
Turnip? Oh, yes. Well, Indian turnip is--you know, they're out on the prairie. You know those--they've got purple flowers. They all bunch up together. You just get you a spade or hoe... you just kinda dig them out, them white ones, round ones (the turnip-shaped enlargement of the root of the plant). And you go ahead and--looks like it's hail--white one--they're about this round (golf ball size)--that turnip. Dig them like that. They get it out of the grass--dirt. You go ahead and clean it. They wash it.. Wash it and then--they don't cook it--just eat it like that. You can't cook it, they say. You know, if I could get around and go back to old place--there's some wild potatoes.