

It's something to drink. I have made many gallons and they drink it just like they would drink water.

(What do you make it out of?)

Just corn and water.

(Corn and water?)

Uh-huh.

(How did you...just put it together?)

Well, I had a 10 gallon wash tub and I would cook it in that.

(Oh, you would cook it?)

Yes. I cook it here sometimes but I cook it in small quantities now. CH. cook it in a water bucket. Sofky grits. I thought I was out and I was looking for something in my side board last night, and I found I had a can. I said, "Oh Frankie. I can cook some sofky. I found some sofky grits." My family likes ashalina ((?)) too. You make ashalita out of ashes, you burn wood? Where you don't put no (?) or you get the clean ashes and we save them. We save the ashes and put them through a seive and make lye out of them. You put your gallon bucket with holes in the bottom, you know, and put your ashes in there. And then drain - put hot water over it and let it drain. Like this...(Shows her))

(You put the ashes in the sofky.)

Uh-huh.

(You boil your corn in water and then you put that?)

Uh-huh.

THIRD VOICE: Now that I have eaten...blue dumplings.

(Blue dumplings?)

Blue dumplings, uh-huh.

(What's it made out of?)