

the child. Mentally or something that you don't restrict to these things. So if your going to do anything well go ahead and make up your mind and do it. Then they claim that's what mother always told all of us and she said that when anyone delays for instance if you hesitate and you kind of decline to do certain thing that you desire to do well then it's natural you know even that way with white people because whatever you inspire into that child when it developes well then you have to have those things in mind. So that's the way it is, now that's the way they go by.

(Uh, were there any certain foods that people weren't supposed to eat?)
Some of them were restricted to certain depending on the condition they had.

(What sort of foods would people avoid?)

Things like fat. They always said that it gets the child so fat that it delays labor and delivery.

BIRTH PRACTICES AND NAMING:

(Was there any sort of thing that was done after a child was born?)

No, nothing special. Just, you know bath and wrapped up and that was that.

(Did they wrap the child up in anything special?)

No, just ordinary blankets or sheets. Just what you had.

(Was there anything that was done to keep the child healthy or to keep spirits away?)

No, we don't have that.

(Does the father or anyone in the family give something away?)

No.

(When was the child named?)