

to go up there and fast. You know, they'd stay over there and fast. I guess he used to fast over there. And maybe the spirit told him he could get buffalo over there. So I guess he did.

(Did other men go up there and fast, too, sometimes?)

Yeah, they used to go up there and fast. Go up there and fast for maybe four days--three days--fourth day they used to come home, and they eat the fourth day. Just like the Sun Dance.

(Would, say, a man go up there just once in his life time or would--)

Oh, they'd go maybe seven times. And they didn't just go over there and lay around. They used to pray and cry. And when the spirit gets to them, I guess it used to ask them, "What are you crying for? What do you want?" Well, they would tell--if they wanted to be a medicine man. They showed him how, you know. What he was going to do and how he was going to use it and all that. That's why they used to go and fast, these men.

(When they're fasting up there, are they allowed to drink any water, too?)

No. They don't drink water. They don't eat for three or four days. The fourth day, in the evening, that's when--when the sun goes down, that's when they eat. It's just like that Sun Dance.

(Are they by themselves all that time?)

By themselves. They go up there by themselves. But they take their bedding up there. And fast.

(Would they--what kind of clothes would they be wearing?)

Just common--

(They don't have to dress any special way?)

No. They don't have to dress special way.

(What about paint--would they have to be painted or anything?)

They paint in the morning, you know.

(Every morning?)

Every morning before--before sunup, I guess. And when--they always have their beds, you know--make their beds. And they face the sun. In the morning they get up and pray.

(Would they be painting themselves or would someone go up and--) Themselves. Nobody is not supposed to be around them, you know, when they're fasting.