

steam, and I tell you, when you take it off, you know--take it apart--  
them quilts used to smell sweaty. They'd sure smell--and they used to  
be damp.

(Would they leave it up very long?)

Well, they used to leave the frames up, but they would take the quilts  
off when--after the door is raised up four times. Have to raise it up  
four times. Then the fourth time they used to get out--raise it up all  
around. Take the quilts down and then whenever they want to sweat they  
used to go back and cover it.

(Could men and women go in at the same time?)

Yeah, women used to go in, yeah.

(What would they have on?)

They used to--the men, they used to have their G-Strings. And women,  
they used to just have cloth around here. That's the way I seen it.

(Did young people ever go in?)

My boy went in. He was sick and his grandma took him in there, but by  
gosh, he stood it.

(You were saying they doctored themselves--well, did they have to have  
a special doctor come and or could just anybody go in and use their--?)

Yeah, they used to have special doctors in there--maybe two or three of  
them in there. And the ones that are feeling bad, they used to ask them,  
you know, to doctor them. They used to doctor them in there.

#### ARAPAHO PRAYING

(Did your grandmother and grandfather ever doctor people in there them-  
selves?)

No. They never did doctor nobody. I don't think so. Well, when my  
grandmother and my grandfather were living, I wasn't very old yet. But  
after I grew up I used to see these sweat lodges. I never did get