

No, it's just like a tonic. You catch that about April. You can eat that every day until they go out of season, but in that just like in watermelon or cantelope, they have a season. You eat watermelon for 60 or 90 days. That has to do with your health. When as a child you eat them till you get frown, well they give you a longer life. That's funny, you know I'm 64 now and I been eating that every spring I come out here and dig up one or two and do like grandma do. That sure helped me. There ain't no certain way you can take it, just dig it up and eat and go dig another. Gies you something to do, that's hard to do, hard digging.

(How big are the flowers on this in April?)

Oh, they're similar to this. Only they're round like this about as round as that.

(Are they blue like this?)

Yeah, there's not no stickers on them. You get them when they're fresh boy they're just delicate. Boyk they're good eating. I like them, I can eat 5 or 6 of them, but it take labor to get them. Yeah, you have to earn them, but they're good for your health. You get a long life. My grandma and my grandpa, they were up in their nineties. They came out here and hunt them and this other plant, I can't see right now. You know these cattle, they're not native here, these herfords, and aggus. Come from England I guess, somewhere. Holland? The Cattle here, like some of these red polled cattle, them's the originals, originated here. What do you call it? Between the Texas longhorns and these herfords. They originated here. However, they the breed like herfords and aggus and longhorns, they brought in here. Oh, they will survive here, but what I mean, they're not native. It's funny though, buffalos they take them (*P. esculenta*) when they get ripe, they just go along and pick them off.