

(Just has green leaves on it in the summer?)

Yeah, just green leaves and just--

(Does it have any blooms on it?)

What?

(Does it bloom?)

Uh-huh. Yeah, it blooms little white flowers. Have little flowers on it.

(That's called spice wood?)

Uh-huh. Spice wood tea what they call it.

(That's supposed to clean out your blood?)

Uh-huh, yeah, that's good for your blood they say. Just like that. That's what all the Cherokees used to use.

(Well now, I had heard that about polk salad--have you ever heard that it is good for that?)

No, not for the blood, but I know they said it's--some of them--it's good if you had some hives or measles or smallpox or something to make them break out. That's all that I know.

(Oh, really? Now is that the roots?)

Yeah, the roots.

(To boil the roots and drink that--it's good for hives?)

Yeah, and hives and that smallpox or anything. Kinda long time ago now, smallpox was hard to get out. They come up, they break out, make them sick. Well, that'll cure something like that. But, well, sassafras, I mean spice wood is just the same. I'll break out that smallpox or anything like that.

#### COLD COUGH REMEDIES

(Well, along the herb and the medicine area, can you think of any other herb that would be good for medicine right off? Like for