

(Were the pine trees here too?)

Yeah, you know, further down in the valley, it is just like (not clear).

ROOTS AND HERBS FOR MEDICINE

(You talk about trees--I want to ask you, when do you get the sassafras root? What time of the year?)

Well, two seasons, along in the fall and early in the spring.

(After the first frost in the fall?)

Yeah.

(After first frost, I like that. I want to get some this fall. I'll dig up that root and keep it during the winter--make tea all winter long.)

It's good for the blood. Indian herb is all gone.

(All gone. People can't find it no more. But long time ago, my grandmother used to tell me--she was full blood, and she'd go out and get a whole bunch and keep it all winter.)

Yeah, you can't do it now.

(She'd go out and get mullen, and horehound, and black snake root and all different kinds. But people can't do that now. They say they can't find it.)

(Sentence not clear) used to get it where the water is now.

(Yeah, but all gone now.

(Hunnnh, yeah, everything is changed now.)

Yeah, sure has. The people's ways has changed. The world is all right.

(Yeah, the world is a wonderful place.)

Yeah, living too fast.