

was watermelon seeds.

(Really?)

Maggie: You'd have to beat them up with the hammer till it gets mush-like. Wrap it up fresh rags and boil it.

(Sakey: speaks in Cherokee.)

Maggie: You can boil it too.

(And drink it?)

Maggie Uh-hum.

(And it's good for constipation?)

Maggie: Uh-huh. This one too. This one too.

(Watermelon--what's good for the cramps?)

(Maggie and Sakey converse in Cherokee)

You have to go to the creek to look for it, she couldn't tell you right now what it is. You sure you don't know the name is?

(Sakey: speaks in Cherokee.)

Maggie: Oh, that's a "Miyuta" (speaks in Cherokee) She said, they grow (Sakey is talking in Cherokee) yellow roses. Yellow roses, she said will have one stem. Little ones, about that big. She said they're kind split-like. She said in the middle it's black. She said, the creek, down at the creek.

(And it has a flower; it's like a rose?)

And she said in the middle it's kind of black.

(And now, you take the roots of that?)

Uh-huh. She said they grow about that high. She said it grow a lot of sprouts. (Sakey is talking in Cherokee while Maggie is translating.) (Yellow flower and you dig the roots? And drink that tea and that makes you--keeps you from having cramps? Helps bring on your monthly?)