

can take that mint, get a whole handful of these and rub them together real good, till, you know, it smells when you rub it quite a while. Well, you can, like for instance just slight headaches and things like that. You can put it on your forehead and it seems to ease the headaches.

(Oh, eases the headache.)

Yeah. That's about the only--. And I know they use that for sunburn. The leaves of it for sunburns.

('Cause it's so soothing, probably. Well, are there any flowers that you know of that are used for medicine? I happened to think of that.)

No, I don't know of any.

NUMBER SEVEN IS IMPORTANT TO INDIANS

(Well, a while ago, when you mentioned the seven, you said you go cut down seven joints, you know. On the seventh joint you cut. Is that because of the seven clans of the Cherokee or is that when the great spirit came down and gave you all the seven plants for medicine?)

Well, I don't know, I just haven't heard the history of that. You know, I guess, this lady would have told me if I had asked her why. You know, they had to count so many down.

(I know with Cherokees everything is seven.)

Yeah. I think it's for that reason. I don't know. I just haven't heard.

MILKWEED - POISON IVY

(There was one other thing, I don't know what you call it, milkweed or not, it's a weed that has pod on it. Is it milkweed? Do you know it, it's good for any medicine?)

No, I don't know. On that one.

(I think I am thinking of milkweed. It has a little pod on it. Milk pod.)

What do you call this, it grows right around the creek?