

the one I mean, kind of fuzzy?)

Uh-huh. It kind of long leaves on it.

(Yeah. What do they use that for?)

Well, what I know of that, well, they put that in maybe a teapot or something. And let it come to boil. And while it's boiling, then, I think you call it, that gives you sweat bath or something.

(Really?)

Uh-huh. They put it on a chair or something and if you sit down in it and put a blanket or something around you, that makes you sweat. That's good for pneumonia, too, you know. You know, you sweat all that fever out of your system.

(Is it really?)

Uh-huh. That's what they--

(I have to remember that.)

Uh-huh. They use that for that, too. You know that anybody that has such as fever, high fever, something, they use that for (word not clear). Steam, steam bath, I guess you call it. That's what it's used for.

WHAT IS THE SHRUB CALLED ICE PLANT?

(Well, isn't there a little plant called the ice plant?)

Yeah.

(In the winter you can find it. And it's used for something.)

Yeah. It's used for just different things. You know, for instance, the children will go out and get it when the frost first come up.

That's when they first find it, you know. And the Indians claim that if you eat that off and on throughout the winter, well, you aren't so apt to get colds, or anything, you know, bad colds.

(Uh-huh.)

And when we lived out in the country, that's what the children did, the boys, you know.