

and then you strain this and then you add a little sugar to it and then you boil it again until it forms a kind of syrupy like. And you drink that as a cough syrup. That's really good for this--

(Now, that's hickory and cherry.)

Yes, wild cherry.

ALWAYS GET THE BARK OR ROOTS FROM EAST SIDE OF TREE

And I don't know if this has anything to do with it, but seem like whenever an Indian goes out to get a bark of the tree or something or even the roots of a tree for medicine, they always get the side that's facing the east.

(Always.)

Uh-huh. Each side of the tree or the root that runs east, you know, instead any other. I guess it has something to do with the medicine or something. I don't know why.

(The sun rises from the east.)

Uh-huh. Yeah.

(Doesn't it?)

Yeah. They won't get it on the other side of the tree.

(And it means going down in the west.)

Yeah. So that has something to with, I guess.

NEITHER SAP OF TREES NOR THE MOON CONSIDERED IN CHOOSING MATERIAL FOR MEDICINE

(How about the sap of the tree. Does it have anything to do with, where the sap is? Or the moon?)

No, not that I know of. I haven't heard of. It may. But I've never heard of it. I don't think the sap has anything to do with it. Because they get this, you know, in the winter time it's kind of hard to find anything when everything is dead. Except off of trees, the roots of trees. Something like that, well, they can still find it in winter time. But such as weeds and things like that. It's all dead.