

waltz with the breezes of the four winds, beginning each new day with grace, and beauty, as we should--in the moment of now. Special note before closing: We all know how deadly antifreeze is to animals, etc. Look for antifreeze that is made with propylene glycol. Don't use any that contains ethylene glycol. If you don't change the antifreeze in your car or truck, insist that the person that does, use a propylene glycol.

Oregon has just passed a law to require a bittering agent in toxic products, and California now has introduced legislation to do the same, or make the product nontoxic. Hopefully, other states will follow.

4,000 Americans are victims each year of antifreeze poisoning--800 children under the age of 6, and thousands of pets die, because of the sweet smelling, sweet tasting liquid. Of course, no one knows the number of wild animals, but estimates are staggering. Remember, the young (endangered) California Condor that died from drinking from a shallow pool of antifreeze?

Two tablespoons will kill a 70 lb. dog--1/4 a teaspoon will kill a cat. The elimination of the toxicity of antifreeze would only cost the company one penny a gallon!

So let's take charge of our lives Dear Ones, and take back power, and hang onto it. Face into the winds of today, and stand firm, in the moment of now. You and I can make a difference. We truly can, and must. Keep shining, as always.....

Nansih spirit Song
Wildwood Refuge-Houston County, Texas



Remember Your Elders--Wolf--30 million years old..Whale-50 million years old..Loon--100 million years old..They are The Music of the Winds .