

body that had been hungry, and when they fed them the bread was all gone, and then they told them all about this corn, how they could plant it and have all the bread they wanted. Soon they heard a loud noise in the spring, and pretty soon a Buffalo came out of the spring, and then there came a whole herd of Buffaloes out of that spring; and then there came men out of the spring and showed them how to use the Buffalo for food, and so while the Buffalo were coming, they showed them how to plant the corn so that when the Buffalo came back they could kill them and have them to eat with their corn bread, and they must store the meat away in caves and every year they would go a little farther and a little farther, but they would always have their corn to come back to; and one time when they were gone some other Indians came in and carried off all their corn and then they said, some white men came through and gave them some more corn, and then they concluded they would follow the Buffalo; so they used the dogs to pack their meat on, and they got so far south that they could not go back, and they saw a man on horse back, and one day they found a stray horse and they thought the Great Spirit had sent it to them, and they soon found a herd of horses; they caught all they wanted and then they followed the Buffalo.

Now about their religion: These Indians thought the religion of the sun dance was the only one. They think the earth is full of spirits, one is the good spirit and the other is the bad spirit. They say the good spirit is always trying to benefit us and would not harm us for anything, but the evil spirit is always trying to do us harm, and so they offered sacrifices to the evil spirit; but the good spirit they just simply ask him to pity them and bestow his blessing upon them; and so they have to get the favor of these spirits, and they do it through the sun dance.

When they get up a Sun Dance, they call for volunteers; those who will dance four days and four nights without sleeping; and so they make this sacrifice and torture themselves in the cruellest manner, to control