

(Did any of the others use peyote for flu?)

Very few of them. Those that didn't use peyote, they died just day after day after day. But those that used peyote, well, they got well. Others say that what they did, they just bled their temples.

(How would they do that?)

Take a knife--a real sharp one and burn the blade. They gash little holes and blood comes out. Someone would suck this blood out with a horn, you know. The tip of the horn, it's got a hole at each end. Sucked that blood out. They got well. Yeah.

(Was there nay other kind of medicine, like herb medicine or Indian medicine, that they used besides peyote?)

Well, there was one that they called the "sniffing medicine." They take and pulverize a certain herb--a certain root--real fine. And then they'd inhale it. Get it up their nostrils and then they'd start to sneeze. Sneeze, sneeze, sneeze. And they'd open their head up. They get well.

SNEEZING MEDICINE

(What's the name of that medicine in Arapaho?)

'iθiwŋhæ. Now what I learned, where that came from was from the roots of the Coffee Bean Tree (Gymnocladus). Where it starts to turn yellow under the ground, you cut that and you dry that. And you scrape off the outer bark. And then as the outer bark is scraped off, then you scrape off the inner bark--the "endocardium", (Cambium?) I guess you call it. And that's what you cure. Dry it and then you pulverize it. That's where that sneezing (powder) comes from. From a Coffee Bean Tree.

(What's the Arapaho name for that tree?)

wŋ.xwŋxŋ. u.biis Now that, -xwŋx- is hard to say. That's a Coffee Bean Tree. Well, the wŋ.xwŋxŋ.--means a "knife scabbard". You know the Coffee Bean has a bean that looks like a knife case. That's what the Arapahoes call that--"knife case" tree.