

straight pipe. And they had a nest of some kind--a bird nest that was woven, just like you ladies do this crochet work, whatever it is. Just perfect work. A bird does it. They hang it on little forked limbs, you know, under leaves. Lay their eggs and hatch them. And then they had a woven, braided quiver, made out of three colors of buffalo hair--black, brown, and kind of a tannish. But it was also made by a bird. Perfect--just perfect work. They had to wear it during all their duties during the Sun Dance. They were all sent back to them. Of course one or two herbs that they used--they still use them--I don't know--I think I mentioned that. I always thought that they might have been either this "golden seal"--you know, this medicine--this herb--"golden seal." And this other name--what is the name of it--I can't think of it now. Anyhow, there's two herbs they use in there.

(What is this "golden seal"? I'm not sure I know what that is?)

It's a big herb root. Good medicine for something--I don't know what they're good for. Indian doctors use them. And they use them in ceremonials.

(Does it grow around here?)

I don't know whether it grows--some of them, I think, plants it--but I don't know who it is that does that. They order it, you know, from seed houses. I think it's an annual. Some of them, they say, grow about that big--

(About as big as your hand--?)

Yeah. About as big as a turnip or something like that.

(What is the Arapaho name for that?)

Well, one they call--the herb that they use--I don't know if it's this "golden seal" or this other kind, but one they call *hæθaéwáwónwáxú* -- that means-- one Indian interpreted it to me as a "road medicine" or "path medicine" or "route medicine". That's one name that they give it. The other--I can't recall it just now--"ginseng". Ginseng. English name is "ginseng." I can't recall the Indian name of it now. It may not be the same root that they use, but that's what I always thought it was. I meant to get hold of a couple of