

Apaches. They used to come back and forth in them days. Of course you hardly see them around here no more, except Charcoal's children. Now and then they come over. But in those days it was common for them to visit back and forth.

MORE ON "YELLOW ROOT"

(Did they ever take this "yellow root" by mouth--did they ever eat or swallow it?)

I think they did. It had to be stewed, though. But I don't know how they done it.

(How did they use it if they were going to use it as a liniment?)

I think they pulverize it like they do these other herbs, and stew it and apply it with that vegetable fiber on parts where the aches were.

(By stewing it, do you mean they cook it?)

They cooked it. It's ground--they pulverized and then they cooked it--boiled it in a stew--and then they drain it and probably drank the tea of it. But the root itself, as a powder, or in ground form they applied to wherever it has to be put for healing purposes.

(So they could use just the pulverized material without being wet or anything?)

No. No. They just put it on there--apply it where the aches or sores were.

(Have you ever used it yourself?)

I never did. I tasted it once but boy--! I wouldn't let my kids go near it. In fact I wouldn't expose it where kids could get hold of it. Oh, it's hot! Very hot!

(Did the Arapahoes ever use that a long time ago?)