

east of the Poafpybitty home--it grows about that tall--they used to grub that out. They said it was good eating. I never knew what that was. Don't know--even up to now what those Geronimo Apaches were using it for. No, I never did eat any. Mary told me it was good. Mary might know more about that than I do.

(This "white root" plant--have you heard or noticed--after the flowers are gone--if there's any kind of fruit or anything there?) It's a perennial--it comes back up the next year.

(You've never noticed any kind of seed or pod or anything like that?)

Oh, I guess it seeds, but--it always comes back the next year.

(Note: This "white root" medicine may be the root of Matelea Sp.)

(Did the Arapahoes use this "white root" a long time ago?)

Oh, yes, many, many years ago.

#### USE OF PUFFBALLS AS MEDICINE, & SPIDER WEBS

And I tell you what else the Arapahoes used--back when you got a very deep cut or have some aberration on your skin--there's three things they used: for instance, if you want it to stop bleeding--stop the bleeding--they take and get this mushroom--dried-up mushroom balls, you know--you've seen them. They turn brown. Mushroom balls. (about as big as a golf ball.) They're puffy when you step on them. (Probably puffballs) They use them to stop that blood with. They daub that on there. The other is--I've seen my folks use this--they go out and get a big old cobweb--you've seen them out there on the grass--the prairie--places. These cobwebs just be thick in places. They take and gather that and apply it to where the blood is bleeding, or flesh