

It didn't make me crazy, don't make me talk out of my head. It's real good medicine. If anybody's got arthritis real bad or anything like that, they go into a peyote room and they give--they make tea out of it or either they grind it up and put little water in it to make it thin so they can get a spoon and just scoop it out into a glass or anything. But they use it in the morning--get up and walk out. That's how strong that medicine is--just like this. It don't hurt you, all these years I use it. It's good, it's good for the body. If you got any kind of pain you know or pneumonia. It's good for pneumonia too, that peyote.

(How many different ways do you fix that? You said--)

You make tea out of it.

(You can make it into a powder. You can make it into tea.)

And you make powder out of it and put little water into it and stir it and you could eat it like that. Powder you know, make it real thin, you know. Powder and it's dry when powder you know, it gets thin. And then there's little pink stuff where they bloom, after they dry out, you know it looks like a fine hair at the top of that--top you know. You pick those away from it and then fix it and then make a powder out of it. It's real good.

(How much do you have to pick?)

Oh you could take any amount you want. You got half a teaspoon, teaspoon--

(Do you doctor with that. Or just by yourself, or is this a different type of--)

Yes. Just by myself. It's a different of doctoring. I don't like to doctor with peyote because I'm a woman. And I can't hardly sit on, on the ground, get on knees 'cause I got a broken knee over here. I broke my knees about fifteen years ago that's why my leg is stiff. I had it in a cast so long that my knee don't bend like this other one. And I can't sit on the ground and help--you know that we all have to sit on the ground. And then