

And I had a kind of sneezing powder.

(What's that for?)

For your high blood pressure, and your heart, if you've got a bad heart.

(Does that grow around here?)

It grows around here--it grows way back west of Lawton about five miles, that far--just about, just where Rush Springs. And right now is the time to get it.

(And what is the Indian name for that?)

(Umm, let's see (says Comanche word).

(What?)

(Repeats in Comanche).

(How do you use that?)

Just take that powder, just inhale like that and just put little bit right here and in a few minutes you'll be sneezing.

(And that's good for heart--)

Heat and high blood pressure.

(Could we go looking for that some day and see. I'd like to be able to see them. You know, what they look like. And then--)

I've got some in there. I show it to you.

(Okay.)

It (not clear). It used for all kinds--persons got high blood pressure sometimes his heart don't beat right. It--it grows wild you know. (Goes to get sneezing medicine.)

(Is that stuff, is that from a leaf? How do you get that sneezing powder?)

There's little bushes about that big, about that high. It's the top to it is around just look like--they little bitty round ones and you gather all those. And mash them up and turn into powder like that. Let's see--take little of that and put it in.