

charcoal on top of it. That's the way they bake their bread.  
(What kind of bread was it?)

Well, it's just like they put in the oven here--flour bread.  
But it's really good. It come out kind of fluffy and thick.  
(Is it yeast bread or more like biscuits?)

No, it's just ordinary--like fry bread. You know how that fry bread's made. Well, it's made the same way, but it's dry. Lot of times I just wonder how come it don't stick. It don't stick. And it don't burn, either. Of course I guess they just know how to bake that bread. Bring it out where it's just white, And it's cooked. It's done. Boy, I tell you, that's really good. I think somebody could--take some of these older Kiowa ladies--they might still know. You take these young womans now, I don't think they can do that. Them days they used to be lot of wild berries, you know. Like these skunkberries and choke plums and grapes. Boy, I tell you, they was plentiful. During the winter time my grandma--we had several grandmas--relatives. They go out in certain seasons and gather these berries. Kind of mash them up. Put a little flour--either plums or grapes or some other wild fruit--they mash it up. They lay it out in the sun. Dry it. So it's like little patties, you know. They get good and dry and then they put that away. Say, about a month or two months, they bring them out. Cook it. Boy, I tell you, it's really nice. That's the way they used to do. And their meat, too. Slice that meat and then they dry it. Then when it gets good and dry they put it away. They bring it out and they pound it. Sometimes they put it in this dutch oven. Kind of cook it a little bit and then pound it. Boy--I'm getting hungry!

(Me too! You know--when you were camping over there at the Sun Dance, did sometimes they have stew and soup and that kind of stuff?)

Yeah. Course, the certain tribes there, they have their own menus. Different tribes. Apaches, Kiowas, and Comanches-- they're pretty near all the same. But you take these Caddoes and Wichitas and Delawares and Cheyennes and Arapahoes and other tribes--they got their own menu. Corn and pumpkin and