

MEDICINES:

There's all kinds of birds--you can eat most except the scavenger bird up here in Oklahoma, see. And, then there's there's still wild grain--lots of it around here, that can be gathered. Lots and lots of wild grain--fact here most any seed that grows on this right here can be gathered and eaten--most any, any seed. Now you take the seed of yellow impson weed is? You know it's big plant that has a big, white flower and then it gets a berry on it, it's got stickers and there, it's got black seed--now the leaves and the seed of that will make a medicine and that, you mix that with bees wax or tella, you know what I mean? You boil those seed and you strain those seed out, then you take bees wax or talla in that and cook it down until it absorbs all this--the medical part of that--there be nasty greenblack, but it's good for, it'll cure hemorrhoids--I know, my grandmother used it and it'll really heal.

(Well, you know all these medicines like that are these Indian remedies or are--)

Well, my father and my grandmother they got them from the Indians, so I guess so-- I don't know where the Indians got 'em.

(Yeah, huh-huh.)

But, anyway that's where we got 'em. Our grandma use to make that and my daddy use to make this--he used to make this liquid medicine out of these broom weed--for us and he made it also--now I'll tell you another plant that grows here--it's a kinda' medical plant and they make candy out of it--by the ton and that's whoe-hound.

(Oh, yeah.)

That's that's a weed that grows all over Oklahoma--you find it better in the spring, you know, when it rains all the time and you eat candy all the time, and then there's catnip, parsnip that grows all over Oklahoma and Hawaii--You know the Kallo-Sumac betry that grows--you know the one that, what you most, make the most, juch beautiful lipstick and rouge out of that.

(You can?)

See, I had a nephew by marriage that went out to OU and studied to be pharmacists and he had a lab in the basement, we live over here at 1225 or somethin'--525--somethin like that--College you know where the grocery store was--over there on college and its