

Oh yeah. They always tell me to drink water every morning and to get up and walk around. Exercise. I had to do more than exercise. Ride on horseback, rope, my sister used to get on to me. They were going to be scared for me.

But I like to ride on horseback. And play basketball and play softball.

(Isn't that kind of hard on you when--)

Oh, when we were at my grandmother's at Thomas, my cousins use to go out there and jump rope and I went out there and jumped rope with them. I was on my last month and boy she got after me.

(I bet she did!)

She said I wasn't supposed to be doing anything like that.

(Did she tell you to do anything else?)

No, that's about all.

(There wasn't any special food you ate?)

No. Just get up early and walk around and drink plenty of water.

(Did she say why you suppose to do that?)

Well, she use to say that it would help the baby to come out. (not clear)

DETAIL BIRTH OF BABY - MIDWIFE - DOCTOR CAME LATER

---I had trouble because I lost all my water at about 3:30 or 4:30 in the morning. Or early part in the evening. My cousin was going to make some pies and cakes for our own dinner, and then my uncle and aunt, they were going to Clinton. They were going to peyote meeting. That morning I wasn't having any pains and I didn't feel that way before they left. They said, well, all right, I'll go. My aunt stayed with me. She told me. I was sitting in a chair and my grandmother was sitting on the bed when all my water. I wouldn't even let my cousin stay in there. She asked me, "Are you having pains?" "No," I said. "I just want to ask you." I was scared, you