They just used to take that stem off and just blow around that gland, and it used to disappear:

(Could anybody do that, or just certain persons?)

Well, the men used to do that.

(Did every man have a pipe like that?)

Yeah, they used to have pipes like that. They used to have cloth for pipes where they used to carry it and everything. And everywhere they went they used to carry them. And then when this white man come, this is when they smoke cigarettes. They didn't know what a cigarette was at that time. Some of them used to have little pipes, you know, and some have big ones.

(Was there any name for this sickness where the glands got swollen like that?)

They used to just call it "got lump on the neck."

(How would you say that in Arapaho?)

cae.iswnw

(About how long after they treated it by blowing through the pipe stem would it take before it went down?)

Wellm maybe just--over one night it used to be gone. Then one time I know there was--they were all camping down here and a woman was sick. And it was one of my girl friend's mother. I goess she had glands over here or whatever they call them--

(In her groin?)

Yeah. (she indicates the groin region) They used that. Her mother used it.

"WHITE MEDICINE" FOR SWELLING

(The pipestem?)

Yeah. Her mother was the one that blowed. Then after that, they used to call this a "white medicine." It was a root. They used to get it right down over here where the park (Canton) is. It always grows there. And they always dry it and grind it and anywhere where there's a swollen place