what they could eat. Sometimes they would just have bread and bacon.

And maybe sometimes they would have some kind of gravy, and bread. To eat.

(Myrtle, do you remember, in those days, if people had plenty to eat or were there some people that were really hard up?)

Oh, some were hard up. And some had plenty to eat. But of course they were willing to share with their people. They didn't let them go hungry. Like in clothing, they didn't let them go -- they helped them in way that they could have something. That's the way they were. But nowdays they don't help one another. They want to be better than the others. want to dress better than the others. But in olden days they look out. They had what they call chiefs. And they look out for the poor. help them every way they could help them. They didn't just let them go. They was a help to them. Even if there was -- now, like -- if orphan children didn't have no parents, you know--just grandfolks. Well, the chief would cook and invite all the kids to come and eat over there. I went to eat one time, too. And it was my uncle that invited the orphan kids. That's the way they were, these Arapahoes. But nowdays they just -- they just too much want to be like white people. When their children grow up, and if they get married, they turn them out on their own. But Indians wasn't like that. They helped their children. Helped them get started. Now it's like this with these Indians. Soon as their children get married, they don't help them.

(Back in those days -- of all the differnt things they had to eat -- what do you think were their favorite things they liked to eat?)

Meat. Meat is what they like to eat. Nothing but meat and bread.

(Is it bread they make themselves?)

Yeah. They had little dutch ovens where they used to make their bread.