

it's cooked--well, not too well done. When it's well done it's hard to swallow. But it always be kn d of red when they slice eat. Eat it with tallow. It's good.

(What about the kidneys--how did they eat those?)

They just go ahead and eat them. Raw. And they eat liver raw, too. I've ate that. I've ate liver that way. I guess it's all right.

(Did the Arapahoes ever used to stuff those guts--)

Oh yeah. You know when I was talking about that straight gut--they cover them so much. And then they turn meat in with them. They cut this meat in strips and they turn it in there and they tie it over there, one end. And then after they turn the whole thing, why they put water in there. And little salt in there and water and then tie it in the other end. And before they boil it, they always roll it in coals of fire. After that they clean it off and then boil it. And you just drink the juice out of it. I made one of them over here--my grandchildren, and boy, they had lot of it. They didn't hurt it--I told them, "You hold it over here and I'll tie it over here." And then cut it off where-- "Catch it--" He tried to duck! Soup all over their chests!

(Is there any place around here where you can get these guts or these hearts or insides?)

Oh yeah, they used to get them over here at Fairview. When they butcher they go get them. If they want it, they give it to them. But lately they say it's against the law to give them to Indians now. They can't get them any more.

(Could they buy them?)

Well, they try to buy them but they won't let them have the throw them in