

got the root and make a tea and they would drink it. When they used that on themselves they were healthy. As I was talking, there was a bell ringing and that was for supper. We stopped awhile so he could go eat supper. After he came back, he was talking about the mecohcnetha. That was all the Indians used. He thinks that was a really good medicine for the Indians. He says that when the Indians used that medicine, it was important, that it was good for their health. I told him to tell some old Indian way that he knew. He said that the Indians used to have a stomp dance and they didn't have a medicine man, but they had this mecohcnetha. They went to the river after they drank that, they would vomit it out. That would cleanse themselves out. When they would vomit they would drink some more and keep vomiting and when they got through with that, they went to the river and took a bath. As they were down at the river they would get some dry sticks for fire to have it ready for dance around for that night. All the people would get in a line and each one would have a arm full of wood for the fire to dance around. He said there was no church or church house in those days. Indians didn't go to church. They had fiddle dance and they would have that all night. They didn't allow no drinking at the stomp dance. If they came up drinking or something like that it would make them sick. That is why they didn't allow it. After the Indians used to go to the stomp dance and places. When they started having church and a lot of them went to church, turned their ways. Most Indians liked to hunt at night. That was their hobby, you might say, they liked to go hunting. That was what the Indians like to do he said. Then they raised corn and made abuski. They would build a fire around a big pot, put the corn in it. then when the corn kind of got brown, they would take it out, put it in a little pan, and take the dry things out. Then put it back in there and had to stand right by it and stir it. It was hard to make and it was a job to make it, abuski.