(Now as far as the other team is concerned, are they allowed to use any method to stop you or what are some of the techniques used in this particular side?)

Well, if they want to stop you, they stop you, one way or another. The opponent will either bring you down fast as he can swing if he can't knock the ball out of your stick. But like I say, it all depends on how skillful you are and how rugged you want to be. Times, when I've seen guys come out with filters all swollen, beginning to look like the size of the sticks they were carrying and bloody, in shreds, I don't know, but yet keep on playing. They don't usually feel until about three or four days afterwards. Till after everything is beginning to heal. But that's not really painful out there if you're fast enough on your feet. You're fast enough to play ball.

(What methods are allowed to bring you down or what is a typical way of bringing you down?).

Well, tackling you. Or beating you up the side of the head or something.

If you're not going to throw the ball. If you're planning on running through that hele, just go, leave your position instead of throwing it to the other position, best thing to do just throw it to the other position because if you don't, they'll either tackle you or they'll bring you down.

One way or another.

(Are they allowed to use their sticks on you?)

They're allowed to use their sticks on you. And it's pretty rugged, like I say. It's interesting to watch, but it can end up in a brawl, nobody's brawling but you and them. It don't go outside on the public line. But you have doctors that's surrounding the grounds where they more or less don't even have to do anything but just switch you. Put a stop to that