

have no trouble at all, just like any other time, you know, when you go through that period and it stops. Well, that's just the way it went. It just stopped for good.

(Yeah.)

And so I--

(You know that works then, don't you?)

Yeah, I know it works because it worked for me.

POKE ROOTS USED FOR ANIMALS - NOT PEOPLE

(I was going to ask you, too, you know a lot of people, they think that poke salad has some kind of curative powers in it. Have you ever heard of it being used for any kind of medicine? Boiled and used as medicine or--?

No, not for people. There may be now, but I have never heard. The only ones I heard about poke, the roots of a poke, you can fry it and it's good for dogs that has the mange, getting the mange or something like that. That's the only thing I've heard about.

(Well, that's good to know, too. The roots of it.)

Uh-huh. You fry it and then you take the grease, you know, bathe the dog off in it, you know. Every time you give it a bath, well, rub that grease on it after the bath. Cures the mange on the dog. That's the only thing I've heard about.

WILD MINT TEA USED FOR HEADACHE

(And how about mints, Ida, the other day I found a fresh spring and mint was just everywhere all around it. And I bought some home and made some tea out of it. 'Cause I just like fresh mint tea. But is it good for anything?)

Well--

(Besides just tasting good.)

Well, this wild mint, well, you can, you know, like a stuffed up nose.

It unstops your nose, you know, when you have a cold. And then you