It's the same ceremony. There's nothing easy about it. You fast three days...
(Some unintelligible comments)

POWER OF GRANDFATHER TO REVIVE FAINTING SUN DANCER

(You were saying that sometimes they get hot, you know, and they feel it so bad and their grandfather will spit some kind of medicine on them or something--)
Yeah. He blow it on them. When it hits them, it's like ice. It wakes you up and you feel good. It revives you. When you come to, boy, you feel good. It refreshes you.
(Do they do that at certain times, or just whenever--)
Whenever you can't stand it any longer you just pray to him--plead to him--you need help--you just can't stand it no more. You're just dried out. Chemical reaction takes place in your body when you're in that ceremony, and you just can't stand it. You want to get up and get out of it. Quit. He listens to your pleas. He talks to you. Says he's hot a medicine that's been handed down--certain way--certain power that he's got. He's gonna use them at this time. He can't use them all the time. Just a certain time he can use that power. Then he calls upon whoever he got it from. Maybe he got it from a deer, or maybe he got it from a tree. He got that power from some place--spiritual power. He calls upon it and puts that medicine in his mouth. He steps back quite a ways and says to look at him. He goes like that (blows) and ice hits you. It revives you...that power hits you and boy it just revives you. Your strength comes back. Boy, it's like an energizer!
(Would they ever use it more than once in a day?)
No. About once or twice. Boy, when they use that power on you, you can feel it. New strength goes in--now, he tells you, you can stand up. He