lodge made one one time. I know the Arapaho Indians, every summer they use to have a sun Dance. And I don't know of anybody else, they say these people and those people have sun dance, but the Arapaho peoples do it alot of times. They fast, these people they have in the lodge fast, for days they don't eat they d on't drink, these people they have they just dance and dance and dance. So after they get through the fourth day everybddy cooks something. And they boil water for them to drink when they drink hot water, they won't get sick. And when they eat just among of food they don't get sick. So that's their medicine. The sun dance. There was a tree at the west , middle of the big lodge. That is known as the "gift tree" everybody give it something. And so I don't know how it is what they do with those things, but they were given to that tree. And I have visited about sic sundances of those Arapaho Indians and it feels so, Idon't know I never have so much have wanted to see how it work, but One dance at Gary I saw I went to watch. But the rest of the dances I go there but I don't go and watch them because I have already seen what is going on and what they do, and what they did. And everybody ate that food they ate, and it was very big feast. So that's the kind of sun dance a lot of people have. It's just I don't know a dance and dance and dance, and there's a man tied to the pole with a rawhide, through his chest, a hole in his chest, his skin, I don't know somehow it'spitched (?) and tied to the post and he has to dance and dance and dance and dance and break that thing, the first day or second day or fourth day I don't know, if he don't break it well no medicine. but if he break it before time well it's a big medicine. So I don't know I don't really undersaand it, but that's the way they interpret it. A lot of people just sit there and fast, they don't eat, when they eat they have to, it has to be successful so they don't get sick when they eat or drink. But it was a wonderful thing to see. And find out what they do. And the Medicine Man was all decked out in paint and feathers and so forth. You could just see what he's trying to doing to be a medicine man. At the last day I saw him dance, I don't know if he danced before but he was dancing. Everybody was dancing even outside , so that was the sun dance. And if this lodge didn't have no top to it, because it was the